

## **NORTH ISLAND MTBO CHAMPIONSHIPS: ALL YOU NEED TO KNOW**

Welcome to the North Island MTBO Champs. We are looking forward to a fun weekend of challenging racing (and hopefully good weather).

### **GENERAL INFORMATION**

#### **DIRECTIONS:**

Both events are at 45 Slater Road, South Kaipara Head. GPS co-ordinates of entry point are 36°37'03" S, 174°20'31"E.

From Auckland, take SH16/North Western motorway towards Kumeu and Helensville. Just before Helensville, turn left at the roundabout towards Parakai and continue for 11km until Slater Road appears on the left. Turn left into Slater Road and follow the signs. Allow 55 minutes driving from Central Auckland, 65 minutes from the airport.

#### **RULES:**

Orienteering NZ MTBO Rules 2014 apply.

(<http://www.orienteering.org.nz/wp-content/uploads/2013/12/ONZ-MTBO-Rules-2014.pdf>).

The important bits are summarised:

- ⌚ The bike must go to the control. You can't dump your bike and run out and back to a control.
- ⌚ You must **STAY ON THE TRACKS**. Off-track travel is **NOT** allowed. The **ONLY** exception to this is that you may ride through areas marked as bright yellow open land, or open land with scattered trees, on the map. The forest is very open in places and you may be able to see your control in the distance; you must still ride around the tracks to reach the control. You **CANNOT** cut through the forest.
- ⌚ You must wear an approved helmet.

If you are unfamiliar with MTBO, please have a read of the rules via the link above.

#### **ETIQUETTE:**

There are many narrow single tracks and riders will be travelling in both directions. Please take care!!

- ⌚ Ride on the left.
- ⌚ Downhill riders give way to uphill riders.
- ⌚ If overtaking, call out to slower rider "passing on the right" and then wait until it is safe/courteous to overtake. Slower riders, please make an effort to let the speedsters get past in a timely manner.

If you come across an accident, please stop and make sure the crashee is OK. If not, stay with them and send the next rider back to the finish to get help.

## **PUNCHING SYSTEM:**

Sport-ident punching will be used. If you are hiring an ecard, these can be collected from registration. If you have not used sport-ident before, please let registration know and someone will give you a few instructions. Make sure you clear and check your ecard at the start, before each race.

## **START PROCEDURE:**

For the sprint and middle, everyone has an allocated start time. Please report to the start area in plenty of time. The procedure is:

- 🕒 -4 minutes – call up, SI number check
- 🕒 -3 minutes – move forward, punch check box
- 🕒 -2 minutes – move forward to map box
- 🕒 -1 minute – take map and move forward to start line. Place map in mapholder.
- 🕒 0 minute – start

## **DAY 1**

### **PARKING:**

Access to the event arena for both the sprint and the middle is via a rough farm track which will be challenging for 2WD vehicles, particularly low-to-the-ground ones, and impossible for campervans. If it is wet, it will almost certainly be impossible for 2WDs as well. Parking is available in a paddock approximately 15 minutes riding (10-20 depending on fitness) from the arena. Luggage transport will be available. Please pack all your riding gear, lunch, warm clothes and anything else you might like for the day and leave your bags at the signposted luggage pick-up point. We will transport it to the arena for you and return it at the end of the event.

4WD vehicles and confident 2WD drivers (if it's dry) can drive all the way to the event arena. Please assist us by taking luggage up.

## **SPRINT**

### **START:**

200m from finish/arena.

### **MAP SCALE:**

1:4,000, Contour Interval 5m.

### **MAP NOTES AND TERRAIN:**

Pine forest on sand based terrain with a dense and complex track network. Contour is undulating to steep with some short, steep pinches. Tracks tend towards soft rather than firm making riding speed slower than you might expect. Tracks have been recently raked to make them more visible. Tracks marked as wide (>1.5m) are not great big gravel roads, rather they are tracks where two riders could pass by each other easily, and where a small 4WD vehicle can drive (i.e the gator can drive them, the hilux cannot).

**COURSE LENGTHS/CLASSES:**

<b>COURSE</b>	<b>LENGTH (KM)</b>	<b>NO. CONTROLS</b>	<b>CLASSES</b>
1	5.3	16	M21, M40, M20, W21
2	4.3	14	M50, W40, W20
3	3.7	13	M60, M70, M16, W50, Rec 1
4	2.9	11	W60, W70, W16, Rec 2

**MIDDLE****START:**

300m from finish/arena.

**MAP SCALE:**

1:10,000, Contour Interval 5m.

**MAP NOTES AND TERRAIN:**

Pine forest on sand based terrain with a moderately dense track network. Contour is undulating to steep with many short, steep pinches. Tracks tend towards soft rather than firm making riding speed slower than you might expect. Tracks have been recently raked to make them more visible. Tracks marked as wide (>1.5m) are not great big gravel roads, rather they are tracks where two riders could pass by each other easily, and where a small 4WD vehicle can drive (i.e the gator can drive them, the hilux cannot).

Elevation difference from the highest to the lowest points of the map is 130m. The start and finish are near the top and most courses go near to the bottom. Make sure you enjoy the downhills but save some energy for the climb back to the finish.

**COURSE LENGTHS/CLASSES:**

<b>COURSE</b>	<b>LENGTH (KM)</b>	<b>NO. CONTROLS</b>	<b>CLASSES</b>
1	14.1	19	M21
2	11.8	19	W21, M40, M20
3	9.4	15	M50, M16, W40, W20
4	7.8	15	M60, M70, W50, W16, Rec 1
5	5.4	12	W60, W70, Rec 2

**PRESENTATIONS:**

A short prize-giving will be held at 4:00pm (or earlier if everyone has finished).

## DAY 2, ROGAINE

### **PARKING:**

Access to the event arena is via a gravel farm track, all vehicles should be able to access the arena.

### **MAP SCALE:**

1:11,000 (yes, 11,000 not 10,000). Contour interval 5m.

### **START:**

A mass start will be at 11:00am. Course briefing at 10:35am and maps will be issued at 10:45am.

### **DURATION/FINISH:**

Time allowed is 90 minutes. A penalty of 2 points per minute or part thereof applies after 90 minutes.

### **POINTS/SCORING:**

Each control is worth the value of THE LAST DIGIT OF THE CODE. For example, control number 43 is worth 3 points; number 156 is worth 6 points, number 209 is worth 9 points.

### **MAP NOTES AND TERRAIN:**

Pine forest on sand based terrain with a moderately dense track network. Contour is undulating to steep with many short, steep pinches. Tracks tend towards soft rather than firm making riding speed slower than you might expect. Tracks have been recently raked to make them more visible. Tracks marked as wide (>1.5m) are not great big gravel roads, rather they are tracks where two riders could pass by each other easily, and where a small 4WD vehicle can drive (i.e the gator can drive them, the hilux cannot).

There is some farmland on the rogaie area. It is allowed to ride on open land (bright yellow) and on open land with scattered trees (white with bright yellow dots). Otherwise, you must stay on the tracks. Wide tracks in the farmland area are quite wide gravel tracks. Note there is a high, uncrossable fence near the start/finish. It is not allowed to climb this fence. The gates will be open so pay attention to their location when planning your route.

### **PRESENTATION:**

A short prize-giving will be held at 1:00pm.